

Sexuality Liberators And Movers (S.L.A.M.) 4 Youth Conference, 2021

Thursday, January 7th

11:00AM-12:00PM, Stephanie Zapata

Stephanie Speaks Here, LLC

***Opening Keynote!**

Liberation 4 Youth: A Look Beyond Comprehensive

Join Stephanie as we examine what “comprehensive” sex ed has gotten us so far and analyze what ground there is still to cover. We cannot allow comprehensive to be the end all be all of Sex Education... because it still falls short.

12:15-1:45pm, Melissa Pintor Carnagey

Sex Positive Families, LLC.

Preparation Over Prevention: Using a Sex Positive Approach in Sex Ed for Youth

Sexual health initiatives with youth have long been focused on prevention- preventing outcomes such as unplanned pregnancy, STIs and sexual abuse- but what about preparing emerging adults for fulfilling, safer sex lives and relationships? Shifting to a sex positive, preparatory approach can offer many challenges for youth-serving professionals. Common barriers are the lack of comprehensive sex education in schools; rigid organizational policies that position professionals as gatekeepers; greater accessibility to porn and sexually explicit media; and inconsistent parental support for young people’s sexual health. For these reasons, it’s critical that youth have access to trusted adult mentors and safe, inclusive spaces that nurture their sexual development.

1:45-2:45pm, LUNCH / Open networking in Zoom Room!

2:45-3:45pm – Sam Carwyn, M.A.

Partnering with Parents & Guardians: Through an exploration of their development and personal values, attendees can recognize how they approach working with guardians. This session will include information about specific programs, and tools to increase parent engagement.

4:15-5:45PM, Justine Ang Fonte

Are you a Porn Genre or are You Privileged?

Porn can be good if sex ed is good. Sex ed is currently bad in the U.S. so porn is pretty bad for our young people. During a time when people are confined to their homes more than ever before, it's no wonder porn usage has had a 40% uptick in the U.S. This fact is exacerbated when we realize how the porn that is most accessible to our young people is racist, violent, and dehumanizing. With race being at the forefront of the current social landscape in our schools, sexuality education and comprehensive health education is necessary more than ever. The prevalence and access to pornography has changed how we understand our bodies, behaviors, and beliefs about intimacy. So, how do we promote sex-positivity when pornography is the default sex ed for a lot of our students? How do we get to a point where porn can be appreciated for the fantasy that it was intended to be and celebrate the powerful representation it brings to diverse desires and bodies? This session will interrogate its positive and negative impacts through an intersectional and feminist lens and make a case for pornography literacy to be a part of a school's health education programming.

Sexuality Liberators And Movers (S.L.A.M.) 4 Youth Conference, 2021

Friday, January 8th

11:00am-12:30pm- Patricia V. Braboy & Okwuchi Onwubu

Fostering Sexual Agency in Sex Education

Often, sexual health education focuses on prevention--how to prevent STIs, pregnancy and other "risks" associated with engaging in sexual activity. What is often missing though, are important discussions with youth on how to navigate boundaries and explore conversations around pleasure. This workshop will examine ways in which sexual agency can be fostered in youth sexual health education. Empowering youth to be comfortable discussing pleasure with prospective partners not only opens up doors for healthy communication but can help to set boundaries and establish consent within sexual encounters. Certain factors though, can make comfort level around having a sense of agency difficult for folks, as identity can often come into play. We will explore ways in which misogyny can impact comfort around sexual decision making--from condom usage, to hesitancy to engage in sexual activity due to concerns over "body count", or number of partners. We will also explore the intersection of gender and race, and how comfort around sexual agency might differ for black female-identified youth. teach educators why it is important to talk about pleasure and sexual agency with youth.

12:45-1:45PM- Natasha Ramsey, M.D., M.P.H
GorJus Doc, LLC

What About Me? Sexual Health Education, Representation and Reproductive Justice.

Sexual health education has failed. It has failed to incorporate the stories of those who are marginalized and those who have been forgotten. Data shows that most sexual health curricula do not include information about racism, although we know that there is a long history of racism in the medical system and education system. And

because of this black youth rightfully have mistrust and skepticism related to reproductive health and are not be provided with the comprehensive education they need to make the decisions that are best for them. From the lack of representative of black and brown skin in anatomy images, to the lack of discussion around the weaponization of contraception to control black bodies, there is much room for improvement.

1:45-2:45- LUNCH/Open networking via Zoom!

2:45-4:15- Tanya M. Bass, MS, MEd, CHES®, CSE
Southern Sexologist™

Check Yo Self Before You Wreck Yo Self:

How often to do you get feedback on teaching sexuality education? How often do you reflect and assess yourself? How do you even know when you are doing well? What do you do with the feedback you get from others? Hoping these questions have you wanting to "Check yo' self, before you wreck yo'self!". No matter how you made your way into this profession, assessing your professional disposition is important. Pandemics, burnout, exhaustion, overwhelm and just maturing can make it difficult to connect with youth. To be honest, some folkx may not have the zeal or impact they used to in the past. Knowledge and understanding of sexual health content must be accompanied by a level of desire and comfort teaching. If you "ain't got it" anymore it is important to move aside or go away so others can do the work! This talk will discuss the importance of self-assessment to encourage you to improve your skills and seek support when needed to be a competent, confident, and comfortable professional.

ACCESSIBILITY INFO:

All speakers and sessions will utilize power point and accessible designs for inclusivity.

Slides will be formatted with clean font (Verdana or Arial), minimum size 24, with strongly contrasting colors, and Alt text for all images.

Speakers will have slides available in PDF format, as well as pre-typed transcription of their session. LIVE Closed Captioning will be provided for all talks through PowerPoint.

Unfortunately, at this time we are not able to provide translation services.

For additional ADA accommodations please email organizer, Stephanie Zapata:

StephanieSpeaksHere@gmail.com

Understanding Ticket Tiers

- ◆ **Tier 1:** Ticket costs \$125 for 1 day, or \$250 for both days.

Tier 1 tickets are for folx with an annual income of \$75k+, and/or folx whose agencies/schools will be FULLY reimbursing this conference as training or development.

- ◆ **Tier 2:** Ticket costs \$100 for 1 day, or \$200 for both days.

Tier 2 tickets are for folx with an annual income of \$70k+, and/or folx whose agencies/schools will be PARTIALLY reimbursing this conference as training or development.

- ◆ **Tier 3:** Ticket costs \$75 for 1 day, or \$150 for both days.

Tier 3 tickets are for folx with limited income. This definition/salary expectation was purposely left open ended.

Participants are able to choose from a one-day or two-day passes. Your one-day pass is good only for the workshops on the selected ticket day.

.....
TICKETING INFO: After purchasing you will receive an automated receipt/confirmation email from WhenNow.com. This confirms your place for the conference.

On January 2nd, 2021 all participants will receive an additional email with the CONFERENCE ZOOM LINK.

The conference will take place in ONE zoom room, so you do not have to worry about multiple logins or zoom links.

.....

Understanding Why

With social distancing become routine, more educators and learners are leaning on technology a virtual summit for sex educators was a clear MUST.

So... How do we continue the conference experience with none of the risk? By bringing the same level of intentionality and quality training directly to the audience.

Part of intentionally planning an event require putting thought into participants costs. At S.L.A.M. we know that not all sex educators, counselors, teachers, etc. are making the same amount of money, nor the money they likely deserve. We also know that financial responsibilities, access to equitable pay/positions, and PD budgets are not the same across the board.

In an effort to align more closely with the real world, Stephanie Zapata, has created this self-checkout 3 Tier option. Participants are not forced to disclose salary, nor to submit paperwork as proof of skill or pay level. No shade to conferences that do, we just don't rock like that. Participants should feel free to review all 3 tier options and pick the one that aligns most closely to their personal and/or professional financial capabilities.

You do not have to worry about follow-up questions/surveys regarding your ticket level purchase. S.L.A.M. trusts that we are all here to do meaningful work and know that trainings such as these count as an **investment** in *our* growth.

.....

Meet the Speakers!



Stephanie Zapata

OPENING KEYNOTE!

Stephanie Speaks Here, LLC.

Host of: *Liberation 4 Youth: A Look Beyond Comprehensive*

Stephanie Zapata is a proud Bronx-born-Boricua sex educator & anti-oppression consultant. She comes to you with nearly a decade experience in the field and is no stranger to the fight for sexual/reproductive freedom in some of the most marginalized communities. For some organizers who find their path on campus, their activism and community engagement fizzle out after leaving the school life. Others, however, were born to be long-term catalysts for change. Since moving on from her Bronx organizing Roots, Stephanie continues to practice catalytic innovation today.

She pursued her passion for gender & sexual visibility in education while working as a sex educator at some of NYC's top non-profits. While doing that work, Stephanie realized that conventional sex education disregarded the needs of system-impacted communities - Black, Latinx, low-income, and LGBTQ communities especially. She also realized how crucial it is for health education to be centered around sexual/reproductive liberation, **not just**

prevention.

Respectability politics have no place in sex education.

Respectability politics have no place in sex education.

Respectability politics have no place in sex education.

Today, Stephanie is a social entrepreneur, who has created an educational consulting agency all her own. She has presented keynotes at over a dozen major, notable health conferences, and provides training workshops that discuss sex education based on an anti-oppression and inclusive frameworks. Stephanie's belief that sex education is an invaluable tool to dismantle major aspects of systematic oppression, has been embraced by many others in her field, and has led to opportunities to bring this insight to communities across the country. After recently being named one of B.E.Q. Magazine's 40 LGBT Leaders Under 40, their more recent achievement, made a LOUD smash...ha...see what she did there?

In June of 2020, Stephanie successfully cultivated an entire virtual conference, (S.L.A.M), Sexuality Liberators and Movers Conference which brought together some of the country's top sex educators and clinicians to provide a full-days training. The conference is designed to give participants a more critical analysis in race, inclusive practices, environmental justice, and history through a liberatory sex education lens. Stephanie believes that through intentional centering and uplifting of contributors/voices of Color, we will finally begin to see true sexual liberation become not only a standard practice, but a reality.



Sexuality Liberators And Movers (S.L.A.M.) 4 Youth Conference, 2021



Melissa Pintor Carnagey, L.B.S.W.,
CLC
Sex Positive Families, LLC.

Host Of: *Preparation Over Prevention: Using a Sex Positive Approach in Sex Ed for Youth*

Melissa Pintor Carnagey (she/they), is a Black and Latinx, Austin-based sexuality educator and licensed social worker who founded Sex Positive Families on the belief that all children deserve holistic, comprehensive, and shame-free sexuality education so they can live informed, empowered, and safer lives. Melissa is confident that the work starts in homes with families and caregivers, and she enjoys helping parents learn the strategies for raising sexually healthy children. Her professional experience spans just shy of 15 years in the field of sexual health, having taught comprehensive sexuality education in schools, authored curricula, trained youth-serving professionals, and worked within HIV/AIDS case management and prevention at both nonprofit and state government levels. Melissa's most relevant experience comes from being a sex positive parent to three young people ages 21, 10, and 7. They are the constant inspiration for the work.



Sam Carwyn, M.A.

Host Of: *Partnering with Parents & Guardians*

Sam Carwyn (she-her) has spent her entire career in the non-profit sector supporting youth and families. She is devoted to creating accessible, inclusive, and uplifting environments collaboratively. She centers her volunteer efforts on those who are the most marginalized.

She started within the sexual health field focused on unintended teen pregnancy, especially for African American and LGBTQ youth. She has presented about personal values, ethical non-monogamy, patient stigma, consent, storytelling for advocacy, equitable youth-adult partnerships, and a variety of sessions regarding the LGBTQ community. In her current position, she educates progressive faith communities so they can be effective advocates for reproductive health, rights, and justice.

Sam earned a bachelor's degree from the University of Nebraska-Omaha in Child, Youth, and Family Studies. In 2015 she obtained a Master of Arts in Teaching from the College of Saint Mary. She has been endorsed in Special Education for Kindergarten-12th grade and Social Studies

Sexuality Liberators And Movers (S.L.A.M.) 4 Youth Conference, 2021

for 4th-9th grade. Sam is currently pursuing a Master of Divinity degree, with Social Transformation as her concentration, through United Theological Seminary of the Twin Cities. She strives to create a legacy that will honor her dad and make her kids proud.



Justine Ang Fonte, M.Ed, MPH

Host of: *Are You a Porn Genre or Are You Privileged?*

Justine Ang Fonte comes from a family of Philippine immigrants, is a child of colonization, student of decolonization, and has reveled in disrupting health education for 10 years. She is a sexuality educator and the Director of Health & Wellness at a K-12 private school in New York City. Justine has been a consultant and speaker on intersectional health and sex education for teachers, parents, and students in both public and private institutions across the United States on topics such as consent, gender, and pornography literacy. She received her Master's in Education from the University of Hawai`i and her Master's in Public Health from Columbia University.

She is also the co-creator of Raised Pinay, an original production of Pilipina-American storytelling and benefit for the Philippine

reproductive health non-profit, Roots of Health, of which she sits on the Board.

When she's not fighting for reproductive justice, she is baking up new recipes and watching reruns of The Fresh Prince of Bel-Air.



Patricia V. Braboy

Co-Host Of: *Sexual Agency in Sex Education*

Patricia Braboy (she, her, hers) is a lifelong resident of the Southeast side of Chicago. Her goal is to help make South Shore an area where generations of her family can live and grow. Patricia has been educating youth about their sexual health for 4 years. Her major goal when providing education is to help eliminate the taboo that comes with conversations around STIs and sex.

Patricia is a proud graduate of Jackson State University. She is currently enrolled in the University of Michigan's sexual health educator certification program. Her hobbies include extreme couponing for her friends and family and the extreme sport of parenting twin boys.

Sexuality Liberators And Movers (S.L.A.M.) 4 Youth Conference, 2021



Okwuchi Onwubu

Co-Host Of: Sexual Agency in Sex Education

Okwuchi (she/her) is an educator that has nearly five years of experience working in sexual health through an intersectional, reproductive justice lens. She has experience facilitating discussions around STIs, consent, gender/sexuality and healthy relationships with young people and adults. She currently works in health education with K-12th graders.

Okwuchi is a graduate of Oberlin College. She is currently in the process of applying to nursing school. In her free time, she enjoys reading, yoga and Netflix.



Natasha Ramsey, M.D., M.P.H.

Gorjus Doc, LLC.

Host Of: What About Me? Sexual Health, Representation and Reproductive Justice.

Natasha Ramsey MD, MPH is a board-certified pediatrician who is currently in training at Children's National Hospital to become an adolescent medicine specialist. She obtained her medical degree and masters in global public health from New York University School of Medicine and completed her pediatric residency at Icahn School of Medicine at Mount Sinai in New York City. She has dedicated her career to serving diverse populations and expanding the adolescent medicine workforce both here and abroad in the areas of reproductive health, family planning, HIV and teen pregnancy prevention. She is also committed to supporting the pipeline of underrepresented minorities in medicine and public health.

She founded Gorjus Doc LLC, a consultation firm with 3 goals: 1) to provide health education and resources to youth and the professionals and organizations that serve them globally 2) to dismantle racism and improve diversity, equity, and inclusion in healthcare 3) to promote advocacy and wellness through art and writing. She plans to continue her work in global adolescent medicine and commitment to diversity with the hopes of becoming a leader and advocate in the global community; fighting to improve the health of teens around the world.

Sexuality Liberators And Movers (S.L.A.M.) 4 Youth Conference, 2021



Tanya M. Bass, MS, MEd, CHES[®], CSE

Southern Sexologist™

CLOSING KEYNOTE!

Host Of: *Check Yo Self Before You Wreck Yo Self!*

Tanya Bass, MS, MEd, CHES[®], CSE is the founder of the North Carolina Sexual Health Conference (NCSEXCON). She is a member of the Women of Color Sexual Health Network (WoCSHN), the Association of Black Sexologist and Clinicians (ABSC), and the American Association of Sexuality Educators, Counselors, and Therapists (AASECT). She is a Certified Health Education Specialist (CHES) and an AASECT Certified Sexuality Educator (CSE). She is a current member of the editorial board for the American Journal of Sexuality Education. Tanya is an alumna of North Carolina Central University's (NCCU) Department of Public Health Education, where she has served as an adjunct instructor for several years and is currently the lead instructor for Human Sexuality. She is completing her PhD in Education at Widener University in the Center for Human Sexuality Studies.

